

NM184 951013 Juppiter meditation, you have to do become intuitive.
Espanola, NM

MEDITATION

We are going to do a very simple meditation. Jupiter, the Guru. It's a Guru star, it's star of knowledge, it's star of wealth, it's a star and that's what the index finger is.

31 minutes: 24:33 So, this is my hand, it's my left hand and I do this mudra and I put this mudra right at the heart in a very human emotional way and then this finger, I'll just do this, a very simple thing. Gian Mudra, knowledge of the Jupiter, knowledge, Jupiter ring, at the heart center. to, try to follow me and see, after all what is two, three thousand year[s] ago, three thousand year[s] after it's true too. And just sit instead, chin in, chest out. It's nothing, it's just a Jupiter, **a Gian Mudra and I just put it on my heart. It's just very angular. And this hand is just like this and finger is straight and you are closing your eyes and you are breathing at your honest level consciously and longest breath you can take. You will breathe in and out. You shall be breathing at the longest, you shall close your eyes, and automatically Jupiter energy starts circulating.**

You are entering a twilight zone. If you have meditated up to now correctly, you will be very, very irritably feeling and that is a premeditative conclusion to come to cross through the twilight zone into state of touching the border and the boundaries of within your own infinity. If you correctly breathe and your breath is longest, result will be very carefully, calculatively correct. 47:38 Please start breath of fire. From the navel, with all the power.

Breath of fire is essential to equate the energy throughout the fiber of the body.

Now you have one minute, you have to make your mouth like a ring and breathe in and breathe out full.

Come on, this will take away the disease. Disorder of the body and blood.

52:11 **Inhale deep and calmly hold. Your finger must become like steel and on the tip of your Jupiter finger, which is up there, please intensify it and total put all the energy and squeeze every molecule of your body. Squeeze, exhale.**

Inhale deep again and go the same route. See how things can change, just try. We are not here to understand gossip. We are here to understand experience. Exhale.

Now, this is the last chance breathe in full. Fill in your rib cage, bring your navel in and go tough. Relax.

If you have done this well, it will make you understand how powerful you can be and how powerful you can change your everything. And once you change your basic elementary projection, all environmental change will be there to serve you. That's the real law of living happily.

We'll meet again. May the long time ...

LECTURE

Oh, that's a very good picture. Opposite picture is pretty good, too. She has finally finished pictures.

You must be eager for the class, right? I am not, just relax.

Where that guy .

We are all born human, is that true? The tragedy of being born as a human is that when you are child, you are told you are child and you acknowledge you are a child. And hammering you for years and years and years, you are a child, you are a child.

When I went to one class where about six, seven hundred people while going to a childbirth, to deal with their child, not only I was shocked, but I started laughing. I couldn't control myself. They were really pretending to be in labor pains. Then I came and I taught class myself and put them through labor pain and I saw they are all nuts there and here and everywhere. Because you are so much told you are child that you not only believe it, you agree with it. Fact is you are never a child. That's a statement of age but not your identity. When age start dictating your age, you are nuts. You are nobody. And that is where the human problem starts.

'Baal, Jawani, Bid Panti Nuvasta Jaan.'

'There are three state of life that you are a child Baal, you are child and you are youthful and you are old.'

But that is a time chronicle calendar. It does not decide your soul, it does not decide your personality, your identity. It does not relate your destiny. Nothing.

And all your life being you as you, you can never act. You act child, child need to grow, child need to have a drama, trauma. Child need to create a ruckus.

Strange human relationship within the relationship of the human. It's not outside of you. Then you are told you are adult, you are a young person and you are expected to behave in a certain way. And you buy that. Well, the secretion of the glandular system is at the maximum and if that is not controlled properly, it will become the minimum. So maximum to minimum the age will pass and then you are told you are old. Is there anytime you are told, you are a human? Do you remember anytime you are told you are a human? I don't



think so. Is there any mother who can raise her hand and say, 'I had a child and I made that child understand he is a human and I sat down and laid down the basic salient feature of humanity, human world, peace, tranquility, totality, reality?' You are Christian, you are Jew, you are Sikh, you are a Buddhist, but basically you are not you. So doesn't matter what brand is being set on you, you will never understand your depth. You will never understand your glow. You will always be afraid, scared and therefore you will be contemplating and manipulating and joining hands, conniving in senses, in sexuality, in commotions, in bondage. You will never be free. Can't be.

You don't have a fundamental knowledge of you. It's true. Religion has lied to you, your parents have lied to you, the whole world has lied to you telling you, you are not what you are and telling you are different what you are to be.

When the pundit wanted to teach Guru Nanak, he said, "Teach me something which is Infinite."

He say, "No. First you learn alphabet."

He say, "Pundit, alphabets you learn. You teach me something Infinity."

You are a woman, you are a man, you are a wife, you are a married man, you are girlfriend, you are boyfriend. Adolescent. you have all, you have been always branded in timeframe. So long you are branded in timeframe, you are subjected to time. You are born to make history because you are a human history. You are not subject to time. That was the first thing, as a human, you should not be worked with a impulse and to be under the impulse is to subject yourself to time. Subject to time is you will never be you. All that time you will serve the time. And those who serve time in their rib cage or in a correction department, or in a county jail, what is the difference? Prisoners are prisoners. You are prisoner of your rib cage. You are no free. Therefore you cannot forgive, you cannot forget. You cannot believe that God works His way and how much painful and horrible things are to you. They are just all right.

Worst means you are tested the best. Worst means you are tested the best. Worst doesn't mean you are unfortunate or you are low-grade, second-grade human being. Worst means just you are worst. You are provided by this earth. Earth is a test house. it's a death house. Here you are born to fight death to become deathless. That's the purpose of being born on the earth. That is when you fight the call, the death and become Akal, the deathless. And there are people, you know, they are deathless. Nanak is deathless. Jesus is deathless. So many people remember. When anything goes wrong, "Oh! Jesus." You know, you blame Him for every wrong thing. Never remember Him in right ways. What I am technically explaining to you is that your training as a person born under the sun is very wrong. That's why you are not in a position to conquer your ego and as they conquering not ego, you have no relations with your soul and because God has a Infinity to serve you, because God created you in His own image, so you cannot enjoy God's image, because that's why you do not understand,

'Akal Moorat, Ajooni, Saibhung, Gurprasad.'

But if you care to know that you are born,

'Pahli Baneer Pralabdh, Pachay Bano Sareer.'

First your Pralabdh, Pralabdh which you got beyond before you was given to you, then body was given accordingly. Then you will fully understand. Sometime when you are in pain,

'Dukh Daru Sukh Rog Bhayaaja Sukh Taam Na Hoe.'

When you are in pain your prayers are better. When you take a cold shower, when the cold shower touch your body the first 'Wahe Guru,' is so good, nothing like it. You cannot chant that Wahe Guru with warm water and you cannot chant Wahe Guru with any meditation. But once when you get under the cold water and when it touches you and you say Wahe Guru. I do not know how correct it is or not correct it is, but it heavens listen to this.

You are the temporal lord of your being. You are the personified divinity of yourself. You are the ecstasy of the time. And you earned it. You were born after earning it. You came prepare with all your muscles and tools to face this death world and try to become, and some did become immortal. History records them, world remembers them, great people.

There was a drunk, Umer Khyam was drunk. In Islam, drinking is a vital sin. He was drunk. He drank. All the time he was drunk. And he wrote poetry. And his poems are today respected even those who do not drink. He said, 'Oh my beloved, make me to drink and make me to drink and make me to drink. I want to be get lost. I want to be get lost, so lost that I don't want to have any sense back within me and around me and for me and even I want to drink so much that I want to lose all my senses that even I want to lose you because I must be lost. This drink is so precious to me. Make me drink. Make me drink. Make me drink because it is so precious because I do not want to be part of this corrupt world.'

That's what he said. Then as a drunkard he said, "Well, I am so drunk, I can't see my home, I can't see my street, I can't see my fiancée, my friend, but, it's all right I am drunk. I am way better than those who are not drunk and they see actually worse than me. They see nobody and they are friend to nobody. They are human to nobody."

Umer Khayam was drunk. And while drunk he said things and such a gospel truth. Muslims' world you know, is very "Punish me, punish me, punish me, Lord in the name of God." They got after him and they, he told them, "You can only punish me because you don't drink. You are all cruel within yourself." And he lectured them.

My idea is that you, when speak of ecstasy and Infinity, you are real. And this is your human privilege. To be lofty. To have a attitude with a height. Seeing things from above. Seeing things from heavenly eye with a idea to make yourself peace with the earth at large. To see God in all. If you cannot see God in all, you cannot see God at all. If you cannot see God within, you can never find God outside. If you do not value your body, mind and soul, you shall never value anything, doesn't matter what. If you do not do... Charity begins from home. Whatever you want to deal with others you must perfect it with yourself first. You must be established friend with your own being. Otherwise God, you have so many split personalities. Nobody knows what to talk to whom, you talk to somebody at three o'clock, meet the guy at four o'clock, you are talking to somebody totally different. The person at three o'clock is not at four o'clock. And some people are fast, you talk to them at three o'clock, at three fifteen they are different. Some people on your face talk to you and then say, "Did I say that? I didn't mean it. No. There is a misunderstanding."

There is no misunderstanding, you have never understood and you don't want to understand because you don't want to stand under, because you are not you. How can you can be of anything? Then you collect wealth and status and degrees and everything to prove to the world like a fisherman you are somebody. And actually you are nobody. If a man cannot understand time is to serve him, he is not to serve time what knowledge you can give to that man? Useless thing. Prisoners have no status and you are prisoner of your rib cage. You are not even conscious.

Somebody was telling me, "I am very conscious."

I say, "You are not even conscious, you don't even consciously breathe, you do not know what time you breathe and what time you don't."

So these are the world problem today and the problem is so far all these from last three, five thousand years, you lived very well. World was very small. World was maximum twelve miles. That was called tribal range. Then it became two hundred and fifty mile tribal range. But it never became very large and, but now the whole world is one tribe. And now you cannot give information to anybody, computer will have four billion mega information unit right before you. What you will do with that? There will be no unwise person totally at all.

They were telling in the plane when I was coming, in the future beyond two thousand, surgery computer will do. Mail, message, home cooking range, buying vegetables, they were practically showing a home. Computer orders at the store, a grocery store, weekly, daily needs, cooks food for you. I was surprised, he chopped off onion, very good. Oh yeah. Onion came and the computer chopped it perfect and the carrot came it peeled it. Oh the computer understood difference between the carrot and onion. It knew carrot is a carrot is onion is a onion. You do not know friend and enemy. I mean really, you don't. Computer took made a salad and then put the salad dressing and then the thing went and that robot took the salad and served on the plate, then put the plate on the tray and took the tray to the table and put the... I was looking at that and I said, "Oh God, there will be a problem."

And I was told what is the problem. I say, "Human will lose all senses because now computer is going to do everything and human will be useless. Computer will do sex for you, computer will do emotions drama for you. It will massage you, it will do your things, you know what I mean? They are telling, they are saying it is true and what will you then? Nothing. Computer will drive your car. You will program it. And will, it will keep itself twenty five yards from all side collectively through the sensory system will save you. At red light it will stop automatically, whether you like it or not. I mean you will have absolutely nothing to do. Do you understand how useless you are going to become in next twenty five, thirty years?"

There was a man sitting exactly he was working and computer came and tap on his shoulder and he looked, and he put a spoon right in his mouth and that was a medicine. I mean, this is what they show. I mean, they are maybe dramatizing and telling us, but this is what is going to happen. This is what is going to happen. This is what is going to happen, through a computer program you can figure out in Espanola what your friends are doing. Or, in, in Africa what your friends are doing or in India what your friends are doing. They have showed a ideal house where walls have everything in them, you can see and it can record your messages. It can send your mail to your office it can tell you emergency, it can call you in your car, what it can speak to you. There is no privacy. And they showed a man putting big, thick things on his eyes and ears and put pillows on his head, then robot came and pull him out and gave him the paper and spoke him, "This is very deadly matter. You are supposed to attend it now." He couldn't do a thing. That guy was blinking at him and that's all it was.

That is what is coming. You will become useless before your own tools. And you look very fool to yourself. So, you have to habit now that what you gave to the computer came from you so why don't you give your computer something to deal with the computer? And you have to do become intuitive.

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(The class sings, "May the long time.....").

Lord God, my creator, give me the applied consciousness to enjoy my life as it is in my own ecstasy and reality. May I find the true nature of my personality through my soul. May all features of my body, facts of my body and my personality and being be served by thy will within my projection of kindness, care and compassion. Give me the purity and piety which is all mine to be understood and so I can share with others in that most beautiful way. Give me the exclusive excellence, so I can walk tall with courage and grace. Sat Nam.

Guru Tej, you, did you write any poem? He is not there? Normally he shows up. All right, goodnight. See you tomorrow.

Take this constitution of the council...