

SUMMARY MEDITATION

Our life is our challenge, it is nobody's challenge, and giving your challenge to somebody, you are going to meet it, forget it, it's impossible. The priority change, life shifts. Somebody said, "Oh, I love so and so, but I am not getting any response."

**First thing in love is, love has no response. Love is Infinity. What's the response in love? Who can say that that person love and that person has a territory. If love has cornered and code facility and facet and love has conditions and love has expectation and God, what a hell that love is? Who wants that kind of love? It's a butcher's paradise.**

**Are you willing to do tonight a very special exercise?**

Students: Yeah, we

YB: All right?

Oh, you have **to put that Nirinjan's 'Om Namo Guru Dev Namo,'** okay? **31 minutes:**

Put your hands please here, you know this eyes have this little, little hole here? You see this? ? Put your thumbs there and **put your hands together and close your eyes and put a pressure.** And as the tape rings, sing loud and clear as you are telling the entire universe in your prayers, see what happens, watch out tonight. All set?

There is a spot in the eyes if you can see to it, it's called liver-spleen joint point, come on, **put your thumb in it, fold your hands, sit straight, put reasonable pressure, put your hands** together, fold them. Don't keep any air in them. Yeah, yeah, yeah, yeah, it's a very good posture, just something will happen tonight, we'll have fun.

Did you read the ? Have you read it? To the class? Oh, we'll read it in the end.

Siri Ved, first, you gave a secret information away, second, you betray the community, third, you do so many wrong things, fourth, everybody is mad at you, fifth, you don't have a tape. I mean, how many things you can do wrong in one day and I said 'Don't worry about it?' You have more enemies than friends, you are superfluous, but anyway, I'll wait. Where are you going now? Oh, that's what you do.

He will show up in twenty five minutes, folks. Nothing is Siri Ved, everybody should know who he is. I am very happy about it. If you ever want to give example of a stonehead you have a living human being.

You found it? Now you do not know which way your house is?

He forgot his keys, one day he may come to my class, he forgot his kutcheras, I do not know what, what this man can do.....

Okay, meanwhile. Meanwhile, hey, hey, Siri Ved, hey, this is the copies of that 'Tan Tan'?

Siri Ved: (-----).

YB: Eh?

Siri Ved: (-----).

YB: This one you put meanwhile, God knows when you will come, we do not trust you. It is that Zakhmis? Okay put that on. But that, you have to bring. Meanwhile I don't want to hang them because I have to put them on time now.

Now the energy will move, you have nothing to do, just... If your posture is perfect, you all have wonderful results.

(A tape is played).

YB (talks over tape): Loud as loud you can, blasting loud. You know, that loud..... Posture is the main thing. Spine straight, chin in, chest out and the weight on the reasonable. Push, that's it..... the beauty is in your steadiness of the posture.....

(The tape continues to play).

(The tape stops).

YB: Change tape quickly.

(The tape, 'Om Namo Guru Dev.....' is played).

YB (talks over tape): Now you have to sing with it as loud as it sings..... Steady..... Inhale deep,

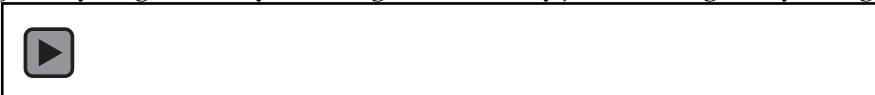
(The tape stops).

YB: **Inhale deep, inhale deep, inhale deep, pressurize thumbs into the points please, acupuncture it. With a cannon fire exhale, inhale deep, deep, concentrate the pressure point please, fire out, inhale back again. One chance do it correct, you will have fun. Deep full. Hold tight, put pressure tolerable enough. Fire out, relax.**

Now sing 'We are the people, people of love.'

(Students sing, 'We are the people.....'). (YB: Loud, loud).

**YB: You know it take the same energy to become great, but you have to first grateful to your Creator. It's a requirement. You can have whole the universe as your friend because everybody live by soul, if you are friend, your soul. You can never fail, never be wrong if guru is your guide, not you. And guru doesn't say just one thing, many things.**



Audio kriya 37mn

## LECTURE

we have to talk?

Student: (-----).

YB:

Student: (-----).

YB: Class is very simple, we will work on the radiant body just as it is, preparing you for Summer Solstice tantric course, because many of you will flip. It's a good course. I just beat you at it today, so I thought it's better not let the . You know, if you don't have your radiant body reflectors on.... Now, with all your wisdom you will never be sure, do you know that? No, I don't think so. And if you do not have your subtle body reflectors on, you will never understand the dumbest on the earth. These are certain realization mankind found, the sages found, these wise people found. You know, some people are dumb? They are just dumb. You know, the, the mind does not switch either with the elements or with the arc light. They are dumbest people. No fault of them. Just take them, switch them on, they are okay. Now how much a man can do? Because somebody is even not ready to understand, life is a gift, a chance, and a fulfillment. Life is a....

Students: Gift.

YB: Gift, chance. Miss it, it's over with. God never promised you everything. He promised you three things: Soul, you will have mind to fluctuate back and forth if you want, for fulfillment, and you shall have once chance to meet your teacher. Rest we can have any religion, we can have any faith, we can have sex, or we walk naked or we wear clothes and we can be rich and we can be poor, we can dramatize, we can be married, we can be good people, bad people, doesn't mean a thing. You may be all life very good, wonderfully good, if you are not fulfilled, you are a rotten egg, stinks. Not true. Or your goodness does not mean anything. Or your adversity does not mean anything, all it mean is when you face life, do you excel or you fall. Are you bright, or you are dumb? Moment to moment. Are you afraid? Or you are courageous? They are two sides to the coin, which side comes out of you, is the deciding side. This all hanky-panky religion and this and cliques and gangs and friends and.... Whatever you want to call it, it is to survive. People who live inside, survive for ever. Those who know to live inside of themselves, they no danger. Those who do not know how to live with their own soul, own consciousness, own intelligence, own grace, own dignity, they do not know how to walk tall. Low grade is low grade, high grade is high grade. Basic, everybody is the same grade, try to understand. There is nothing good and nothing bad, thinking make it so. The way you process yourself, that's the way. As you process yourself so you project. Now I tell you my personal example, I am not telling you something which I have read in the books or somebody else taught me. I am 65-year-old, okay? You tell me anything, which is provocative against anybody, it doesn't matter to me. I can even digest it, it irritates. My position is, if you find somebody rotten, ha? What is word? Rotten? If you find somebody rotten and you are telling me somebody is rotten, my answer to that is, "You are stupid, why you come and tell me? Why didn't you make that person right there and then? Why me? If I'll somebody is rotten, I will like to make it right.

Rotten and right are two same sounds. Wait not for tomorrow. That is how I have lived all my life. If my touch cannot make somebody good, I am no good.

"Kabir sabh se hum bole, humso bhalo sabkho hain."

Kabir, I am worst than all, everybody is but better than me. Because God does what all God.... I have to do better for others, that will do better for me. Because I know what is better. If I don't know what is better there is nothing I can do for somebody. Don't misunderstand that people have problems and they do need help, and they don't need your control or your power or your authority, nothing. Try to understand. If I would not have got a teacher and I would not have studied under that harshness of circumstances, I can guarantee you, I have would have been the most rebellious, rotten boy myself in the whole world.

As you hate to be sometime wise, I hate to be stupid. You know, it's a matter of choice, it's not a matter of.... Some people talk very mean things, "Oh, why that person got that ? It, it, it, I look at it I said, "Well, this guy got some what's wrong with this guy? Somebody got fit, somebody got it.

When I came to America I learnt from you, 'I don't know, I can't say, I don't understand.....' All that thing, I used to flip, "God where I have come? What hell is this? What kind of human being is ?"

If I ask "Dog, you are a dog?"

say, "I don't know, I don't know."

That day in gurudwara, Daya Singh was telling a joke.

"In Washington, there is a joke, 'If you want a friend, have a dog.'

I said, "In Espanola, you want to have a friend, you must have a God."

God can be your friend. If you can make God as friend why this worldly thing? If you want the wisdom you can.... You know, I was reading that day in the morning just in my free hours . What a calculated bani, what a calculated bani, telling you how to live most intelligently and successfully. Line by line.

Today somebody gave me the 'Kabir,' from the 'Adi Granth', translate it. Do you know book? Someone translated it from the Siri Guru Granth, Adi Granth, they took way the entire banis of the 'Kabir,' it's worth reading. You don't have to go somewhere to get wisdom, it's right there at home.

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There is a happy birthday girl here. Sing to her,

(The students sing, 'Happy birthday to you....').

YB: Wow, isn't it?

May the long time sun shine.....

(The class sings, "May the long time.....").

YB: Sat Nam, Sat Nam. Pure light within you guide your way on. If you every light guide your way from outside light, you will be in trouble. Pure light within you guides your way on, Sat Nam. God bless you, I'll teach you a class again, one day in and then, next day, right? That's what ?

You are okay? Now eat cookies. Oh, yeah, come on, I'll show you something. This is a special car report by, what is her name?

Student: (-----).

YB: Shakti Parva Kaur and she will read to you. Listen to it carefully.

Shakti Parva Kaur: To Chief of Staff, Niranjana Kaur, from Executive Secretary Shakti Parva Kaur. Regarding vehicle status report, date March 3<sup>rd</sup> 1994.



Sat Namji, it is my painful duty to report that in spite of repeated warnings, the person in charge of one of our most valuable vehicles has consistently failed to take proper care of it, resulting in major expense and time loss. If any other driver had abused the vehicle, I believe here she would have been fired immediately. to make a formal report of it, because many years ago the Siri Singh Sahib himself, told me not to interfere. However, I cannot to record my deep concern and protest the callousness of the designated driver. Unless proper remedial steps are taken, I believe we may lose the use of this vehicle completely and we need it. It carries more passengers than any other vehicle we have and serves the better.

Statistics.

Date of issue: August 26, 1929.

Make and Model: Male, physical vehicle.

Current Value: Priceless. It is irreplaceable.

Manufacturer: God. Insured by Guru Ram Das.

Driver: Har Bhajan Singh Khalsa Yogiji.

Current condition: Don't even ask.

History: Major repairs starting in 1986, which had cost Yogi Bhajan hundreds of thousands of dollars and caused tremendous anguish to thousands of other people throughout the world.

Recommendation: Series of programs to be instituted immediately, supervised and monitored by person who cannot be intimidated by driver. Cancellation of all travel except to one designated place for extensive recuperation, rest and recreation. Monitoring of all fuel intake, vehicle speed limit suitable for vehicle over sixty years in service. Must be five hours for night.

YB: This is a . And specially on the birthday of somebody who has been vehicles. Come, my dear.

Student: (-----).

YB: Umm?

Student: (-----).

YB: Amrit? How can we celebrate your birthday tomorrow when class is today?

Student: (-----).

YB: Good. Umm. Hey, hey, Hari.... Hey, Niranjan, little, they should be made to, they should be .

Student: (-----).

YB: . Kaisa hukum.....

Just you announce.....Student: (-----).