

You know have you seen that summary of the letter? If you write nineteen pages letter all the days take yellow ink or some ink and make the important point. Nineteen pages letter written by you is your outlet. But it is not the inlet of the man, if every nineteen pages letter is going to be read everyday you require a year of work for one-day mail. Nobody can afford it. So they take points and out of those points they take then the main point. But it's your outlet. It's not somebody's inlet. If whatever your outlet if somebody takes inlet, my God you are at the same frequency. It can never happen that there was no need of identity. Everybody has been given identity, everybody has given his nucleus to workout the life.

But how you influence? You don't influence by words, by talking, by convincing, by reasons, by arguments, you only can influence by a deed. Deliver. You say I love you, deliver.

That's a big story I told you somebody was telling somebody, "I am in love with you."

He said, "Is that true?"

She said, "That is true like God."

He said, "How many fingers are these?"

She said, "One."

"How many?"

"Two."

"How many?"

"Three."

"How many?"

"Four."

"How many?"

"Five!"

He said, "You are not in love with me."

She said, "How come?"

He said, "Love is blind. You count every finger. You see my each finger, love sees nothing."

The basic faculty, why we call love is blind? Love doesn't blind means that we lose our eyesight, love blind means when we are in love with somebody we don't care what they do.

There was a lover Majnu, Majnu was just an ordinary person. Laila was the daughter of the king. So he fell in love, he looked at her and he fell in love. And at one time he said, "I won't eat anything because I am in love with Laila."

So God sent an angel. Gabriel you call it, they call it (?), person is the same no big deal. He doesn't have two tails and one... Same thing. So he said, "Majnu."

Majnu said, "What?"

He said, "God wants to meet you."

He said, "I don't have time."

He said, "You don't have time for God?"

He said, "You know I don't have time for God."

He said, "Is there any way that God can meet you?"

He said, "Yeah, God can become Laila, come in, I'll meet Him. But if God wants to be God and wants me to meet I don't have time."

He said, "Why not?"

He said, "I am thinking about Laila, I am not thinking about God."

Now can you believe that that Majnu still lives? Do you believe when people say, people say meditate like Majnu! There is a common proverb. People give example that this man could meditate.

"Khudi ko kar buland itna ki har takdeer sey pehle khuda bandey sey eh poochey bataa teri razaa kya hai?"

'If you want to have ego man make it so big, so infinite that before doing anything, ordering anything God should ask you hey so and so what you feel?'

Otherwise don't have it.

The aspect and prospect of life are yours. What is your freewill? You have a freewill. Your freewill I can tell you. Your freewill is can I eat this food or can I not?

I was given an example today in the afternoon, I have a freewill, I want to go not eat Khichdi at the ashram, I want to go to La Scala and eat that salad, that's my freewill. So I decide this is my freewill. I decide I go in La Scala and I shall eat the salad. And when I want to get up I feel cramp in my stomach. Then I can't go. Instead of going to La Scala to eat my salad I end up going to a doctor in hospital in emergency room.

There is a freewill, there is an objective will, there is a subjective will. Subjective will subject us to it, objective will is what we think, we can perform, we can do and that is our... We call it freewill. I have the right to do, I have the right to see and then you say, "Oh, I can't see, I am blind, what happens?"

The man does not and does not want to know that through these eyes I am seeing it but who has given me the sight in the eyes. We have never gone to our root. Because we do not go to our root therefore we do not go to our grace. Methodology of a graceful

thing is that when you feel the whole universe in you... Don't you understand spring has come? What is the message of the spring? Let your soul sprout. What is the message of summer? Let your soul ripe. What is the message of fall? Let your ego fall. What is the message of winter? Let you crystallize in the purity of the snow, that is the water. What is water, what is snow? Crystallized water. Four messages have four messages for you, four seasons have four messages, do you go along with it? If spring has come, dance. If summer has come put the air coolers on. If fall has come let us go and changing of the leaves. Leaves change, you don't. Winter has come, hide inside. Have cookies. This kind of life that won't work. You are happy, have a party. Next morning vomit. Life can't go like that.

The concept of life is not subject to time and space. Time and space is our angle to measure our life. Prana, so the God will and so the world happened, so the world is happening so the God wills it.

You don't play any part in it. But you think you play part in it. That is where you lose the grace. The limiting I of you limits you, therefore you do not and cannot behave like an unlimited person. Your lead and your guidance is not like (?) question is there is a simple law, there is a law of vacuum, which cannot be any vacuum. What is the law of vacuum? There cannot be any vacuum. If you want to create a vacuum you have to put something to protect, otherwise the pressure shall be there. Now there is a bulb here, it has a vacuum, that's why the light is glowing. But that bulb has a pressure, atmospheric pressure. Sometime that bulb you think bursts out, why? Because the atmospheric pressure got to it.

Similarly when you give, something gives to you. When you take, something takes away from you. You must understand this principle in depth. By taking you take nothing, but simply you overload yourself. By giving you give nothing you simply make yourself lighter.

“Par-upakari parameshwar hoye jiya.”

Paropakari is the person who helps others, who give others strength, smiles, call anything. Whatever positively you can add to some life, good deeds towards other is known as Paropakar. And that is living like God. It doesn't matter how many people are after you, how many people listen to you, how many people are against you, that does not mean anything. Keep on repeating the truth because strength of life is in truth. Strength of life is not you. If you put a tape recorder and gives a bad music you shut it up. If it's a good music you listen to it. Isn't that true? If you speak truth once they may not listen, twice they may not listen, three times may not listen, arey hundred times they may not listen, one day they will listen, they will say this man speaks truth. They will bring ten more people to listen. But if you don't speak truth and you convince people, you can convince once, twice, three times, you can't convince all the time. From you look what Guru Nanak said,

“Aad sach jugaad sach, hai bhee sach, naanak hosee bhee sach.”

Why Nanak hosee bhee sach? Speak that truth which shall be true. Don't speak that truth which was true in the beginning, don't speak that truth which was truth through the time, don't even speak the truth which is true now, speak that truth which shall be true tomorrow, because tomorrow shall judge you. Yesterday will go with you everywhere. You go anywhere, they say oh so and so, oh yeah I met him in such and such, yeah, I know couple stories about him dah dah dah dah dah...

Yesterday is your reputation, today is your action, tomorrow is your grace. There is a methodology how to be graceful. First action to be graceful is to stay clean. “Khaan, paan, pairaan.” In your eating habit, in your wearing habit, in your living habit, in your dealing habit, all these habits should be crystal clean. “Khaan, paan, pairaan.”

Then, then whatever you speak as a habit it should not be only true today. It should be true tomorrow and thereafter forever. Because people cannot trust you, if you think you can put four piece suit and you can convince somebody you are very beautiful you can convince that person now, tomorrow that person will know something out of you forget it.

People won't trust you, people trust the habit of truth in you. Nobody loves anybody, this love, love story I don't know what you are doing with it but love, love, love is nothing, love is that something which blinds you. When you are in love you look with the consciousness not with senses. Sensory love is your performance.

It is like winter you know, summer or whatever, rain comes and rainy season comes and flood comes and my God water, water, everywhere not a drop to drink. Oh that situation is not love. When you are in love then you look at things with consciousness. It's an experience. Within one self of one's own self. But when you are not in love you are in senses and you call that as love, it's very ungraceful. That's why you have lot of problem in your life. That's why today is my wife, tomorrow is not my wife, today is my sister, tomorrow is not my sister, today is my brother, tomorrow is not my brother, why whole thing changes? Love is continuous and infinite. Why anything changes in your life? You should be more powerful, more positive and more growing. Why it doesn't happen in your life? Because you draw power of your love out of passion, not out of consciousness.

What is your value? What is your price? Is your price is your emotional dramas or your traumas? No, your price is, your price is the level of consciousness at what you are. If you believe in God your consciousness shall be infinity. Your level of consciousness shall be infinity. When you trust God you trust everything of God. Everything. Darkness and light both. You know both. You know what is light; you know what is darkness. It's not possible my friends that you only know light and you have nothing to do with darkness. Those who cannot measure the depth do not know what is the height. It's a simple law. You have to progressively learn to live and live to learn. And as we grow from our childhood... What is our childhood? Childhood we have every sense, but we do not have maturity. It is the maturity in life which can give us the dealing that we can believe in our self and in our grace. It is that methodology that we put our scene together through our meditative mind and we can grow.

The purpose of life is to live happy. Purpose of life is to live happy. Happiness cannot come from senses. Happiness comes from consciousness. You want to draw happiness from senses. So long you will draw happiness from senses you will have nothing to do with consciousness. They both don't... after all you are one, either you can turn this way or you can turn that way. You cannot turn both ways. You can drive towards north, you can drive towards south, is it possible you drive towards north and south at the same time?

So long your technology is based on drawing senses... have you seen people who sing for the divinity and the glory of God? They are still remembered. But people who sang to the passion they were remembered then. They had a better following. They were better respected.

We know the story of Meera, I have told every woman to see that movie, I don't know how many of you have seen or not. But I want you to see. That was the daughter of a king, that was the wife of a king.

But she sang and danced to God. We remember her today, we remembered her yesterday and we remember her tomorrow, but do you think at that time there were no dancers? There were lots of dancers. They could dance and sing better than her, but they sang and danced to passion and she danced and sang to infinity. Therefore she became infinity.

You are what you project, you are what you deliver, you are what you believe, you are what you speak. All these things give a overall view of your own personality. There are two ways, either you have a personality which is graceful or you have personality which is insane. If you project insanity nobody will believe you. And why life is given to you?

Life is given to you not for any other reason but you must experience your own sensitivity and your own depth. Actually the purpose of life is very simple; you must know from where you have come, you must know where you are and you must know where you are going. You must fully, consciously understand your route. That is it is all about. You can avoid it, and by the time you are boxed up and you may not find it out it's okay. Again and again, again and again.

Have you seen any rich man who is happy? If riches can buy happiness then everybody can be happy. Have you seen any poor man obnoxious? Some poor men are very, very beautiful, they are very poor. The sense of security which you find in riches or in strength or in body or in all that, these all strength has nothing to do. It's temporary. I tell you the story and then we will close.

There was a time a king had a champion and the champion was so invincible, so powerful that in those days you know, one champion fights the other champion, so if the champion wins the other man surrenders. Every dispute was decided between two champions. So one day dispute came between the two states, there was an area where the saintly man lived and one said, "This is mine."

And the other said, "This is mine."

So both had a conflict. So they said, "All right, let the champions fight, who is champion then we will decide."

And somebody went to this holy man, the man of God who was around there in his little place in hut and land around and he said, "Master, the kings are going to decide whose subject you are."

He said, "I am nobody's subject, I am just a subject of God."

He said, "No master, tomorrow the champions will fight."

He said, "Well, if the tomorrow will come then they will fight. If they will fight, they will decide, they will decide, then they will know whose subject I am. But I can tell them that I am subject of God, they should not fight."

So he picked up a staff he went to one king and he said, "Why you are fighting your champion?"

He said, "For that land."

He said, "That belongs to God, not to you. I belong to God, I don't belong to you."

He said, "I don't want to listen to you."

He said, "Okay, I just said it, don't be upset."

So he went to other, he said, "Why you are fighting?"

He said, "Over that land, over you."

He said, "I belong to God and that land belongs to God."

He said, "No, no, my champion will decide. Who are you? Get out of here."

He said, "No, no, don't be harsh, I just said it, that's okay."

So he came back and his that little assistant said, "Master, can I go tomorrow and see which champion lives or wins?"

He said, "Yeah, you can go but there is not going to be any fight, don't bother."

He said, "No, master..."

Little boy you know, he wants to go, he said, "Okay, go, go..."

So this boy went and waited and waited and they found both champions were brought on stretchers. The idea was the champions were to be brought on time, they had terrible fever and they were both brought on stretchers and their stretchers were put together who can fight? Then that little boy who was there spoke up, he said, "Oh, you two kings, my master said there will not be fight. He belongs to God, so his land, leave it alone."

They both understood. Otherwise tell me what is a little fever? What is a little fever? What is little headache? What is it? It is something beyond you. Ease and disease is all beyond you if you flow with the energy of divinity and God you will be at ease. But if you work against it you will be at disease. And doesn't matter, choice is yours. If you want to hire a pony and want to drive all the

way to New York, take your time. It's all up to you. If you want to take the cycle of eight point four million lifetime to complete another circle, far out!

I am just very humbly reminding you. It's all up to you. **If you don't understand so far you may understand tomorrow, day after, but one day in the time when your death will come just remember I said it to you, at that moment nothing will go with you whatever this earth has provided you except the consciousness. That moment the thing which shall be with you is your own consciousness, not mine. From my consciousness you can learn how to keep the consciousness with you.**

Chapter of divinity we'll start tomorrow, let us meditate.

Sit alert. (30) Put your both hands in your lap and straight. Only with the virtue of tongue, don't use any other part of the mouth. Inhale deep,



Har, Har, Har, Har, Har, Har, Hari...

Har, Har, Har, Har, Har, Har, Hari,

Har, Har, Har, Har, Har, Har, Hari....

YB: (over chant) use the strength of the tongue. Inhale.

(Chanting stops.)

(35,50) Inhale deep, exhale, exhale deep, hold the breath out and **pull the navel in exactly with the sound of Har without any breath, keeping the breath out. Inhale, don't cheat on it, exhale again, inhale deep, exhale deep, keep the breath out, move the navel at the sound of Har, Har, Har, Har, Har, Hari... continue.**

Inhale, exhale deep, inhale deep, exhale deep, keep the breath out, hold, move the navel, Har, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, inhale. Exhale deep, inhale, exhale deep, deep, hold it out, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, Har, Har, Har, Hari, inhale. Exhale deep, inhale, exhale deep, hold it out tight, Har, Har, Har, Har, Hari, inhale.

Har, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, Har, Har, Har, Har, Hari, Har, Har, Hari, inhale.

The class sings: "May the long time sun shine upon you..."

YB: Blessed is the force of God and hand of God, the creative force, blessed is the power of prayer, the power of God within us, blessed are the environments where the name of God is praised and the truth of God is spoken. Blessed are the body and the being which relates to totality of God consciousness. O blessed one, get to the consciousness and pray that all these drums of war which are at this time surrounding this earth may come to silence and man may live again in peace. May we and our generations to follow may praise the lord, God Creator in consciousness and survive through the dignity and grace of God. May the hand of God protect you, provide you, and give you divinity, dignity and grace so that you can live in the radiance of God's name, Sat Nam.